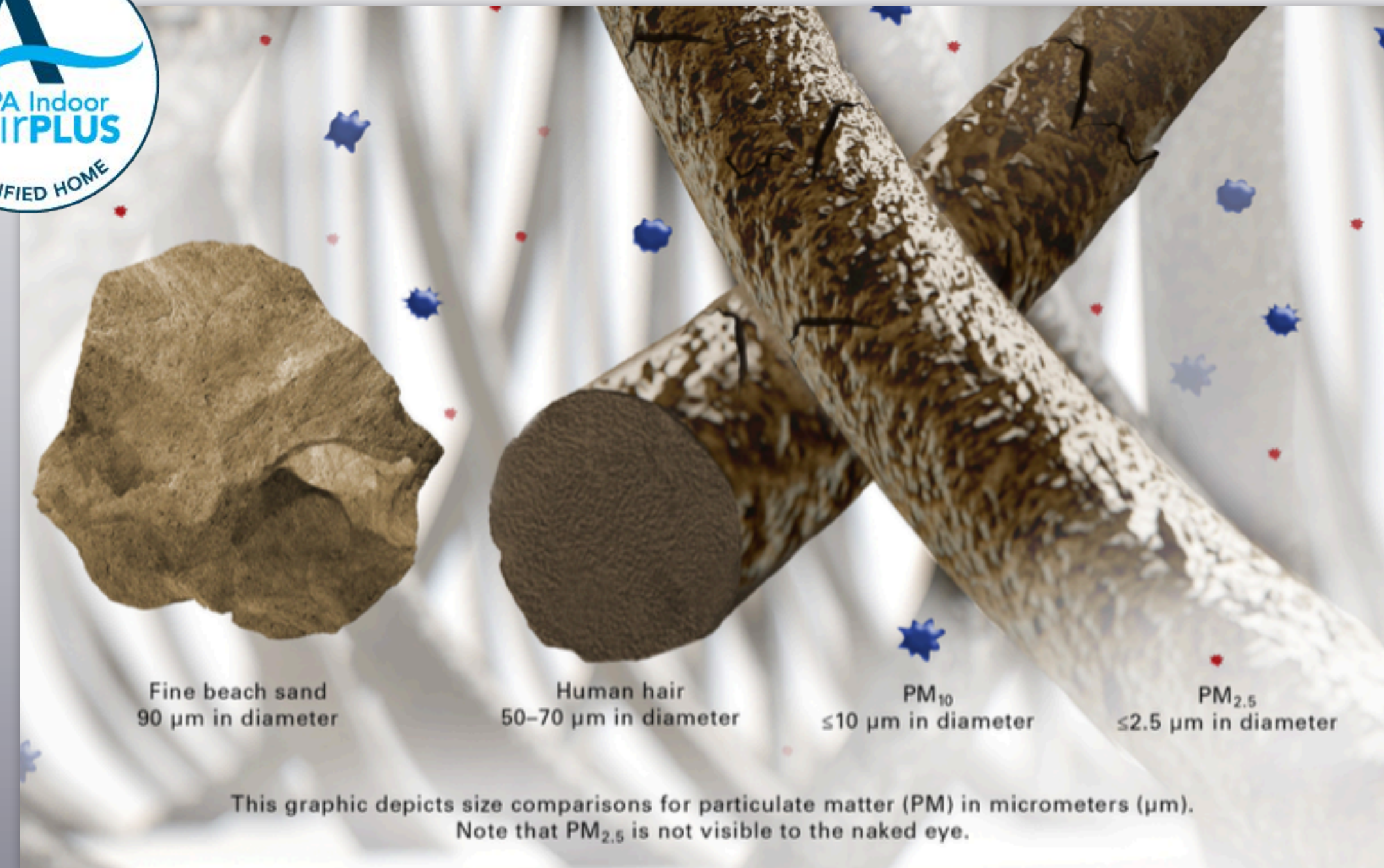
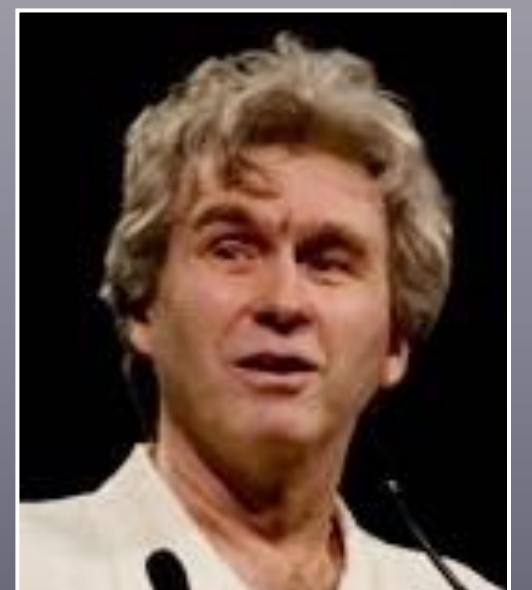


Updated EPA Guidance for Air Cleaners in the Home

EEBA Summit - San Diego - October 2018

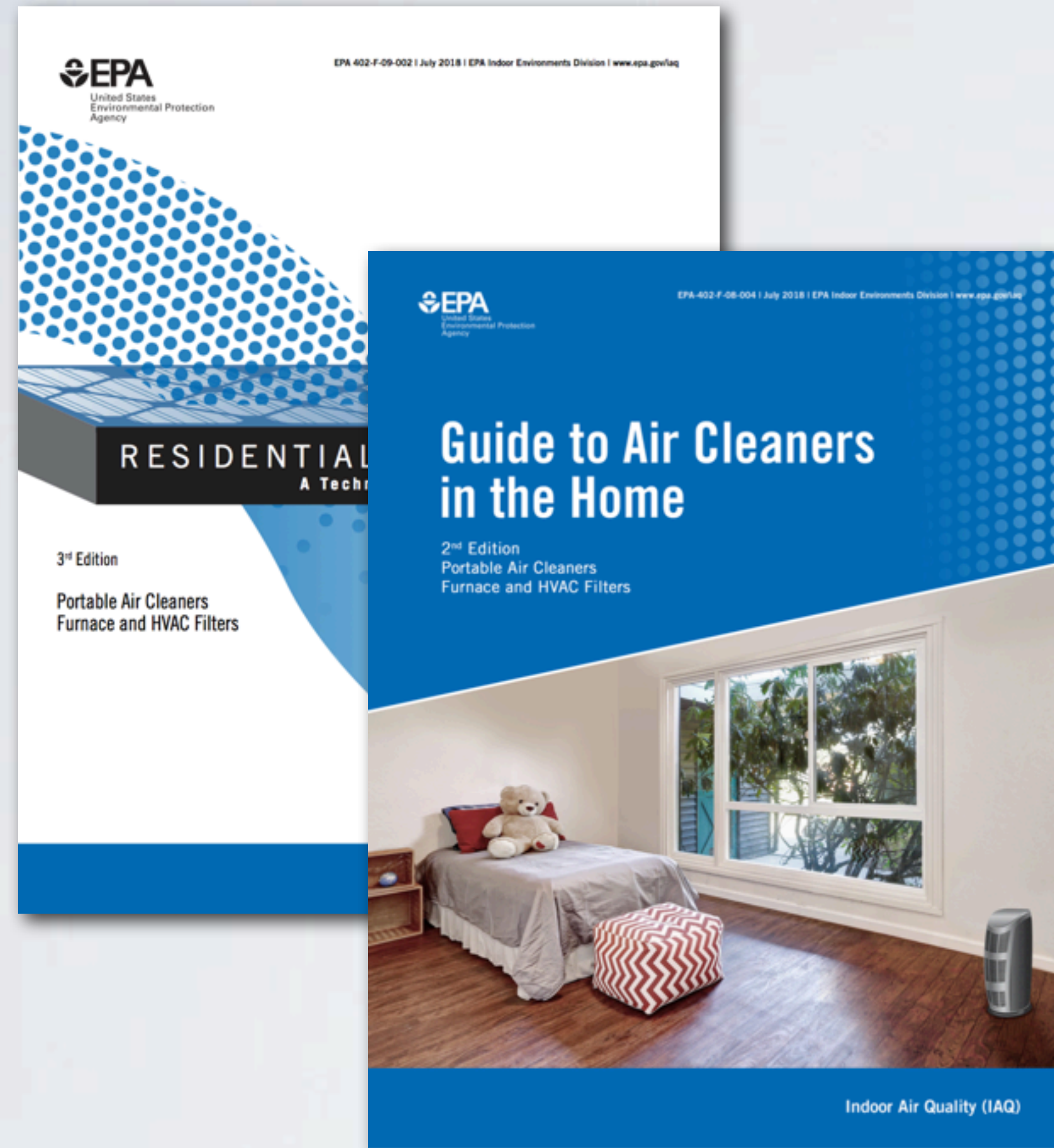


Lew Harriman
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Outline



- **Introduction**

- Speakers
- 2018 revision of EPA Air Cleaner Guidance

- **PM_{2.5} - Known Health Concerns**

- **2018 EPA Guidance for Air Cleaners**

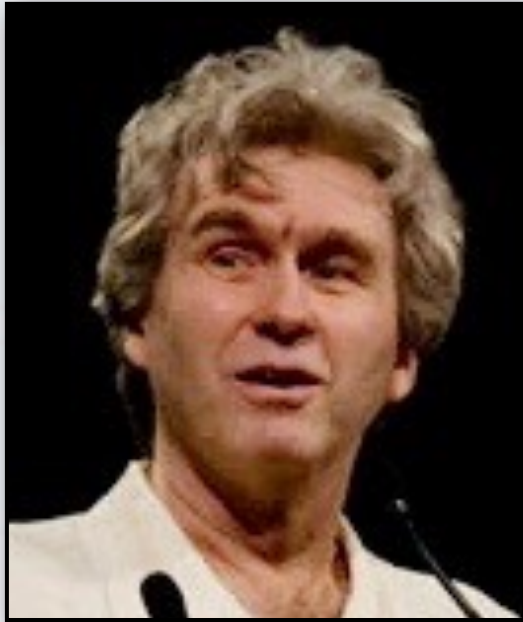
- Central HVAC Systems - MERV 13
- Portable Air Cleaners - High CADR

- **Summary**

Speakers and Resources



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MasonGrant.com



Terry Brennan
Camroden Associates
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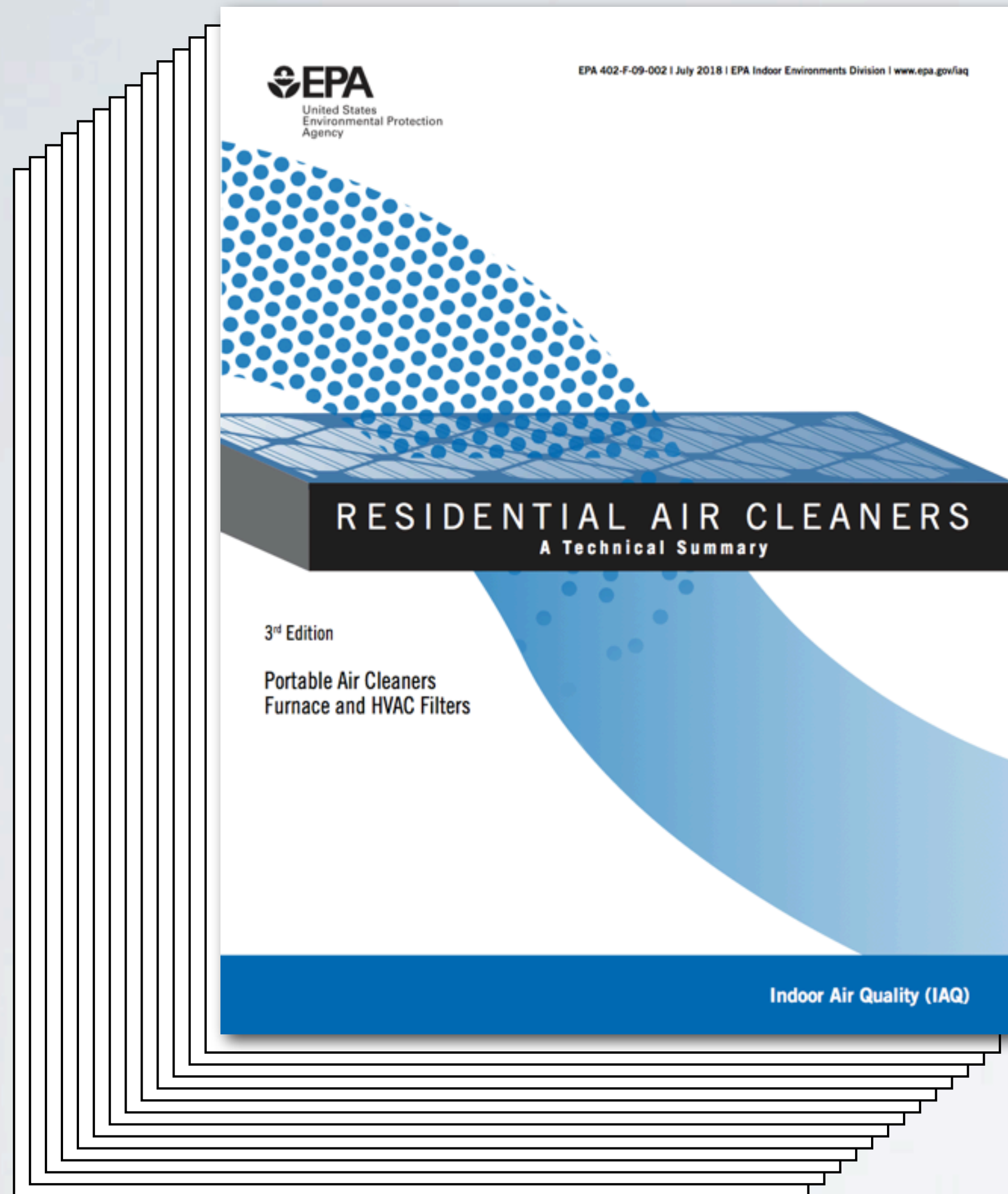
Consultants for the 2018 revision of
EPA's Home Air Cleaner Guidance

Program Manager
EPA Indoor airPLUS

Updated EPA Guidance for Air Cleaners in the Home

Technical summary (74 pages)

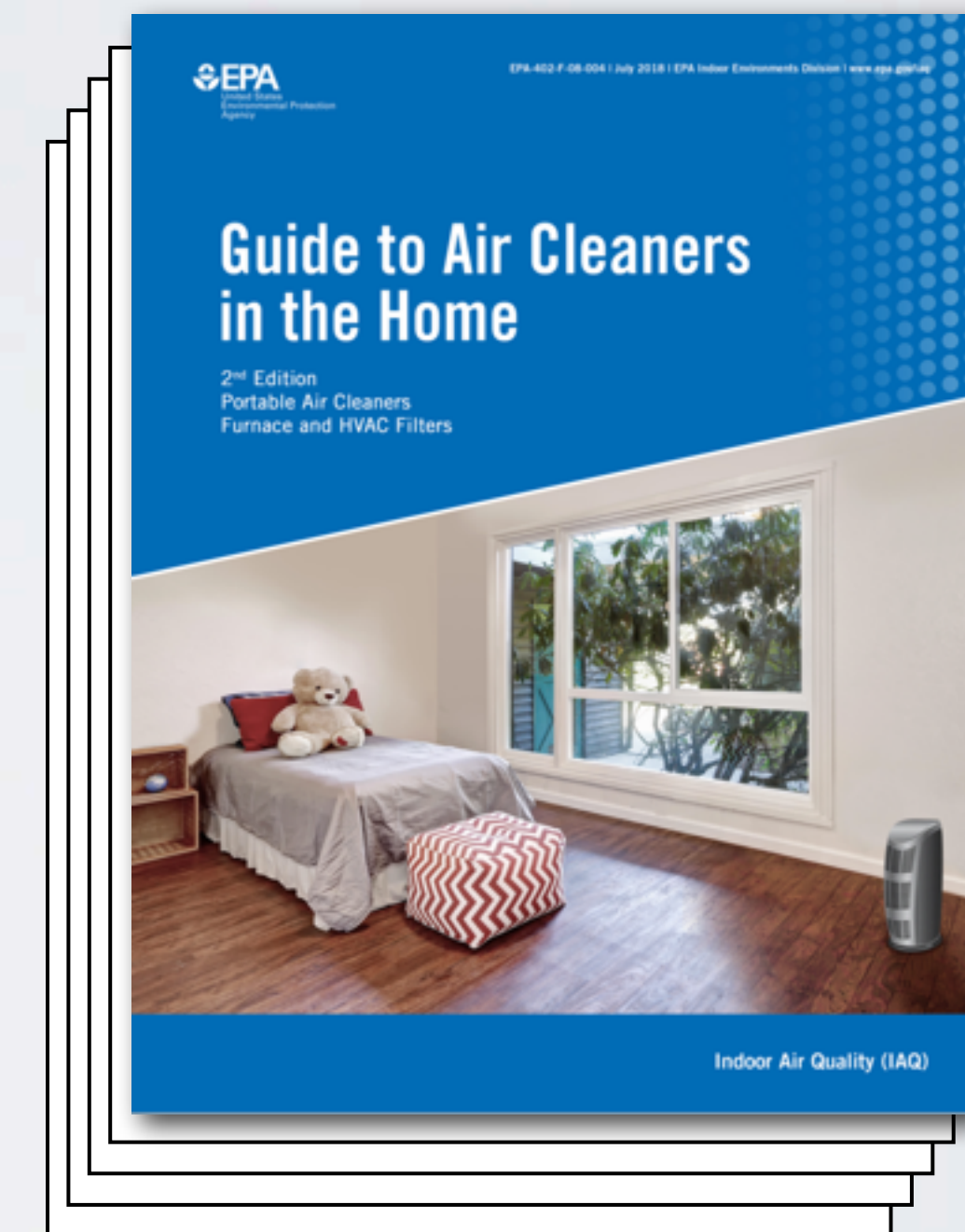
Search: "Residential Air Cleaners: A Technical Summary"



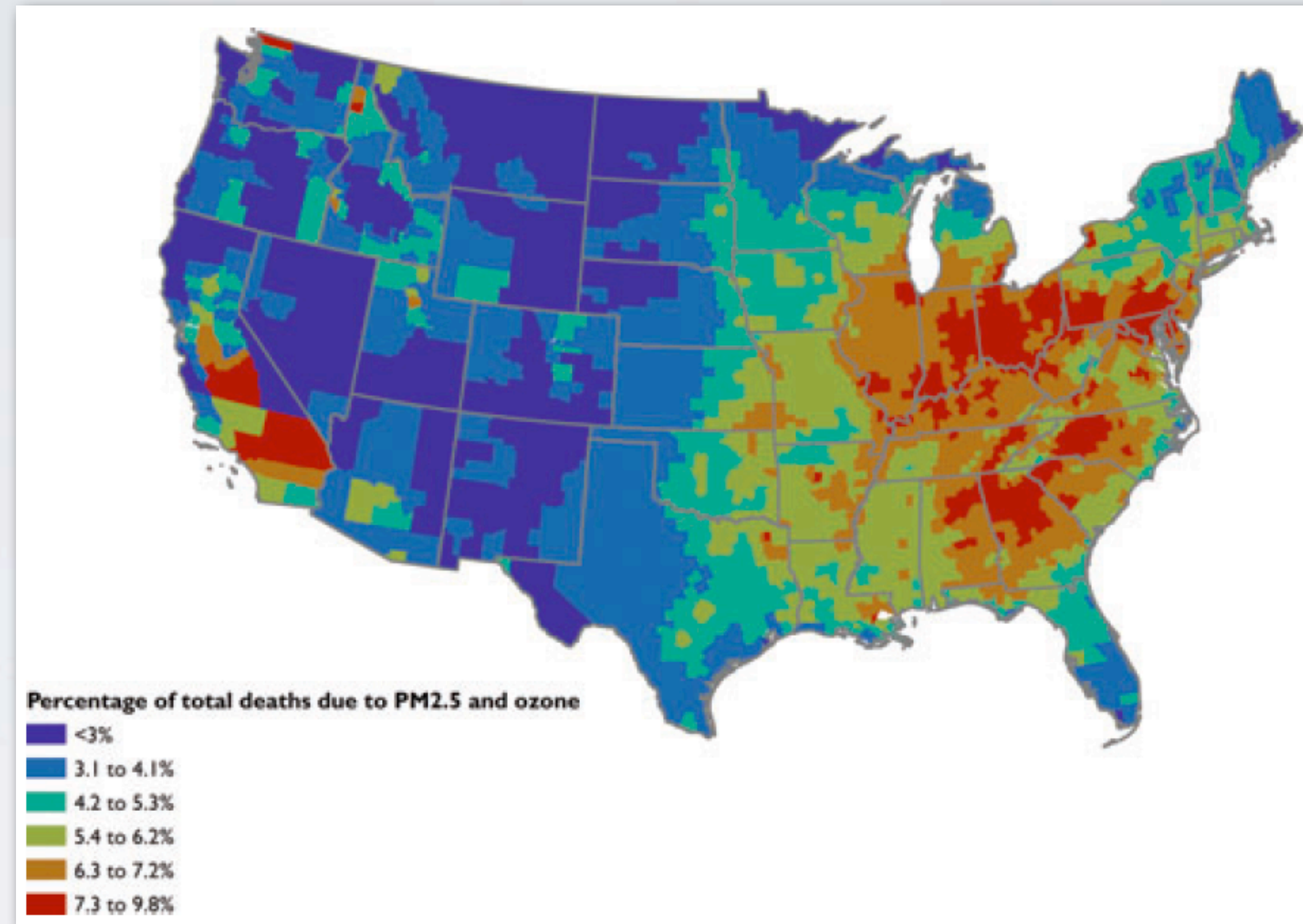
2018 EPA Guide to Air Cleaners in the Home
EEBA - San Diego 2018

Consumer guide (8 pages)

Search: "Guide to air cleaners in the home: 2nd Edition 2018"



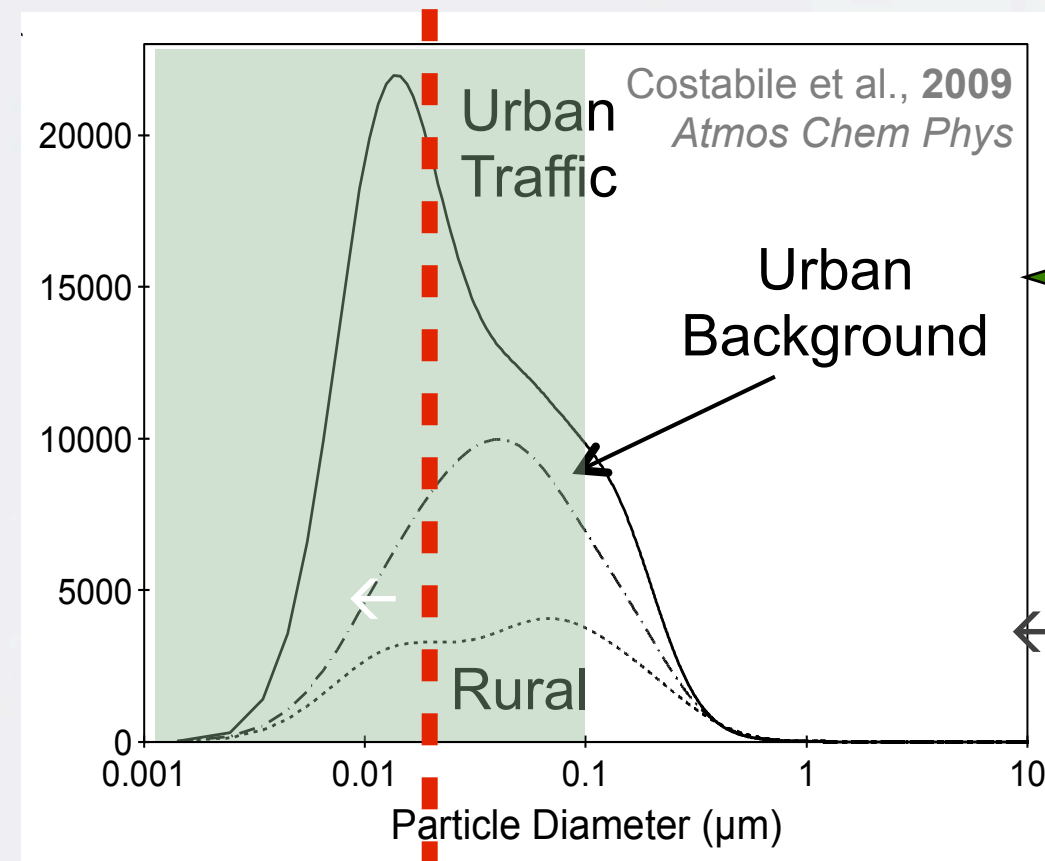
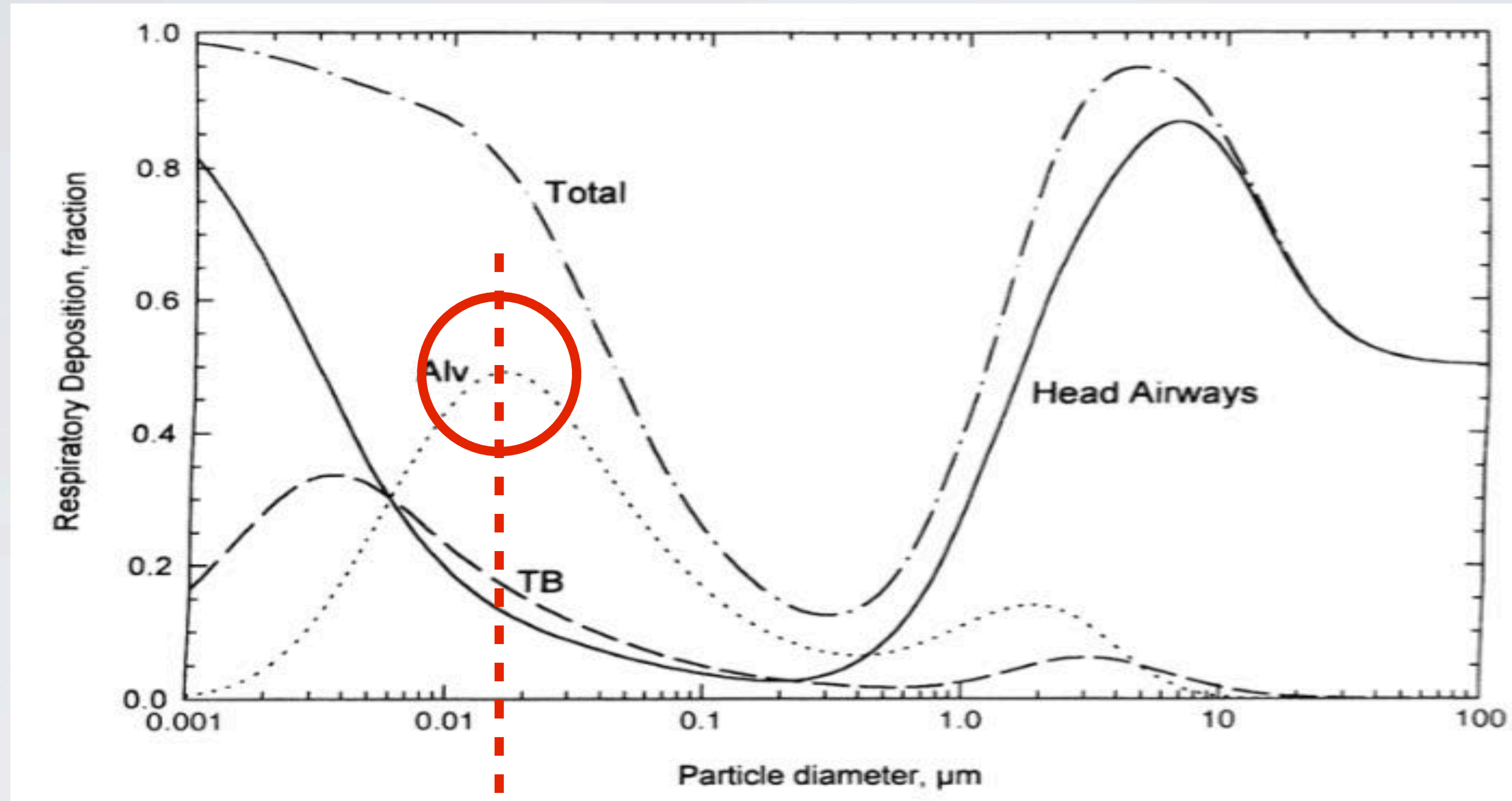
WHY WORRY?



Fann et al. 2012 *Risk Analysis*

**An estimated ~130,000 deaths in 2005 in the US
were due to outdoor PM_{2.5}**

RESPIRATORY SYSTEM DEPOSITION - SIZES AND LOCATIONS

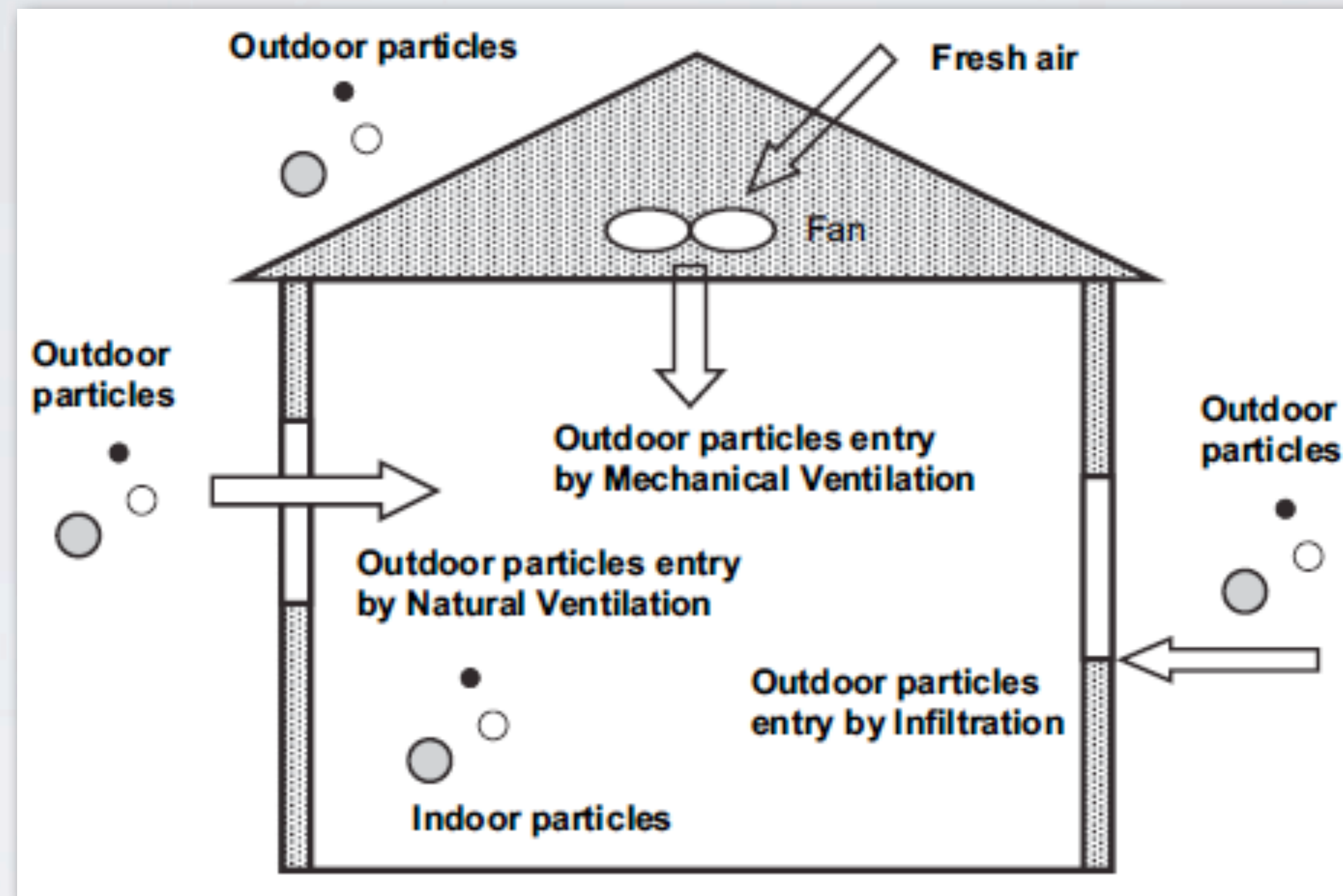


Unfortunately
Those are the most common in outdoor air

Hinds 1999 Aerosol Technol

2018 EPA Guide to Air Cleaners in the Home
EEBA - San Diego 2018

SOURCES OF INDOOR PM



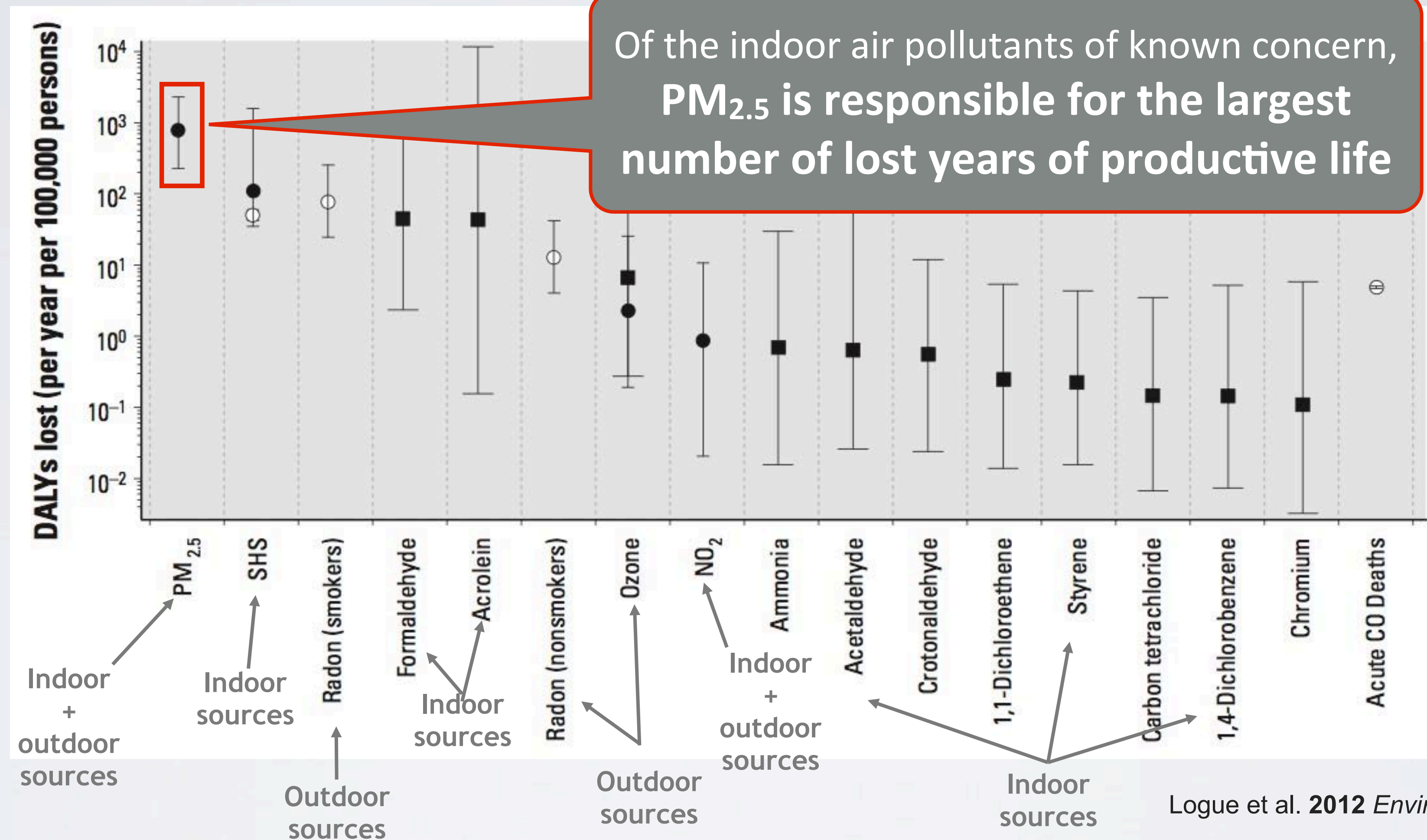
Chen and Zhao, 2011 *Atmos Environ*

Most pollutant exposure occurs indoors (mostly at home)

Residential indoor air exposures account for ~5-14% of the U.S. disease burden

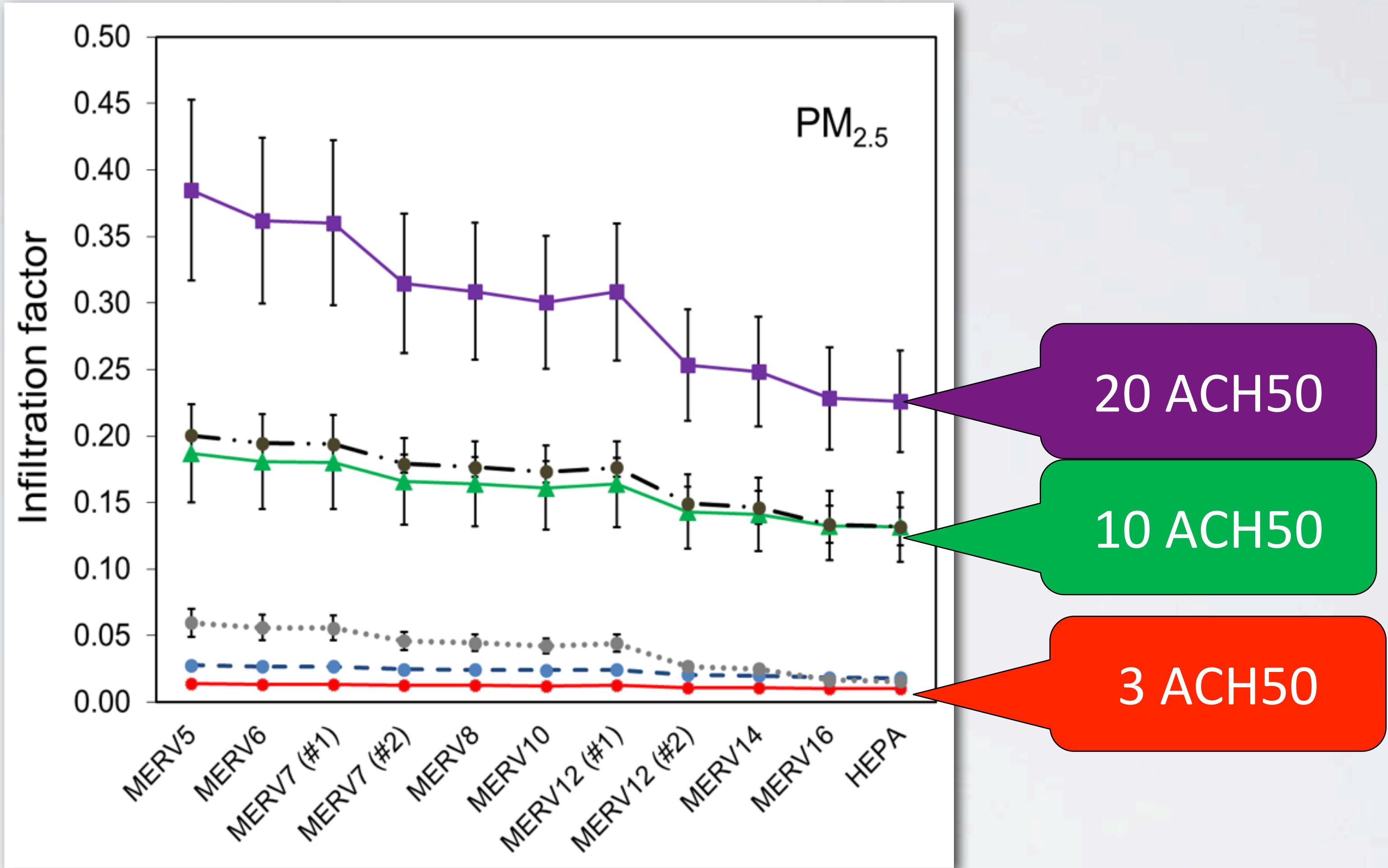
Pollutants of concern - PM_{2.5} tops the list

(U.S. Data - Years of productive life lost per 100,000 people)



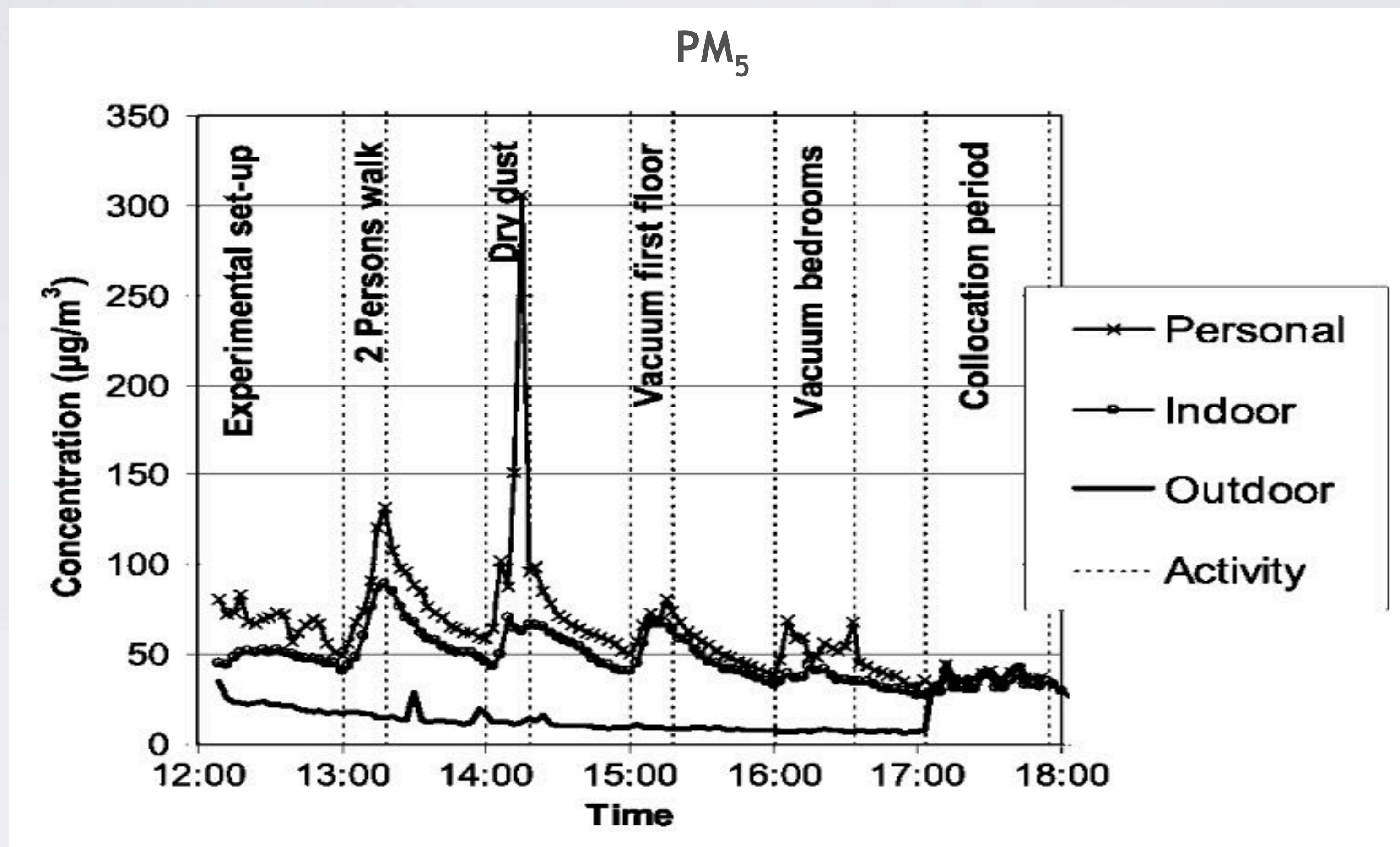
Logue et al. 2012 *Environ Health Perspectives*

Step 1 - Build houses tight, so particles can't get in



Azimi et al. 2016 *Science Technol Built Environ*

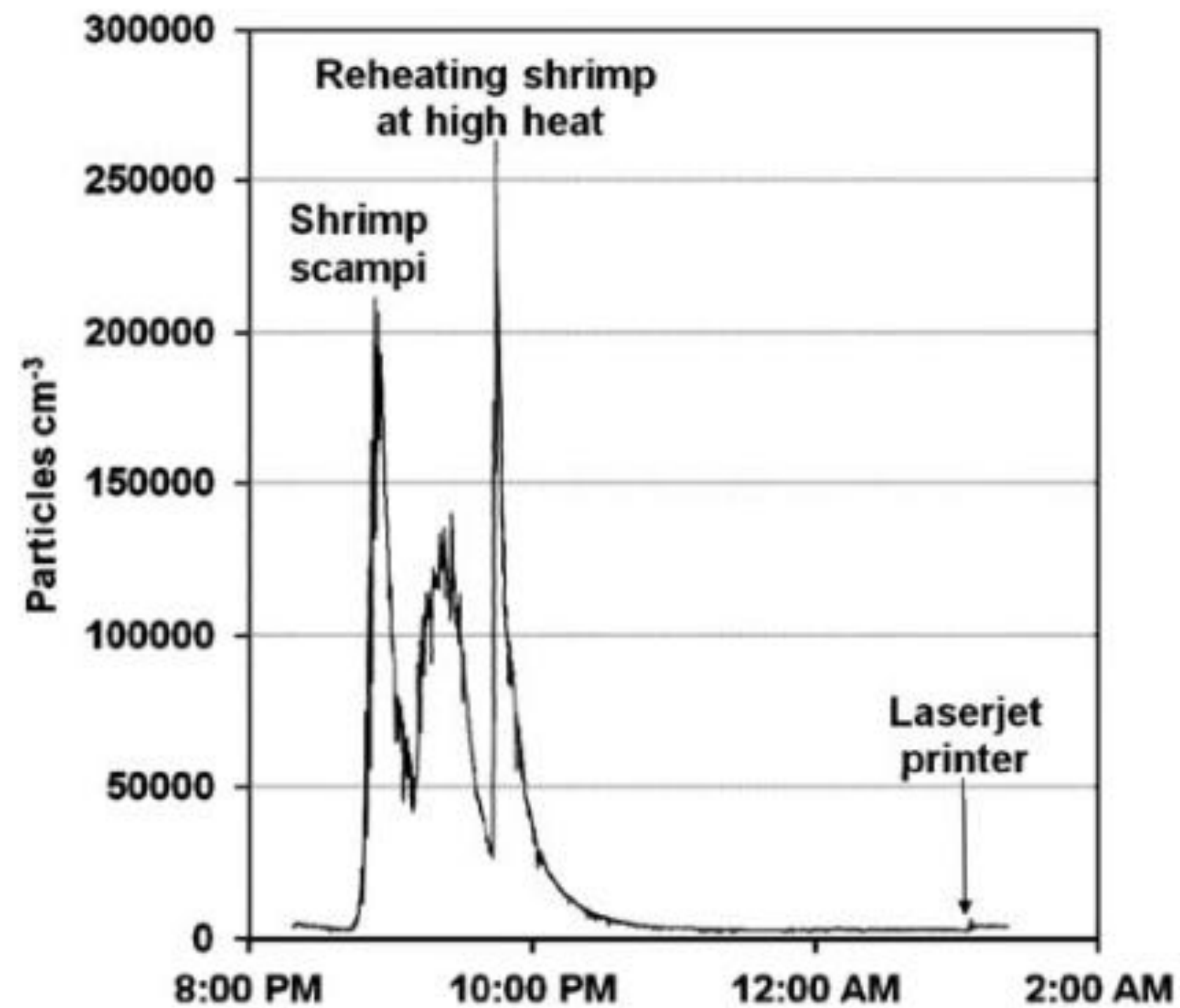
SOURCES - NORMAL ACTIVITIES



Ferro et al. 2004 *J Expo Anal Environ Epidemiol*

COOKING IS THE BIG ONE

Ultra fine Particles



Wallace and Ott 2011 *J Expo Sci Environ Epidem*

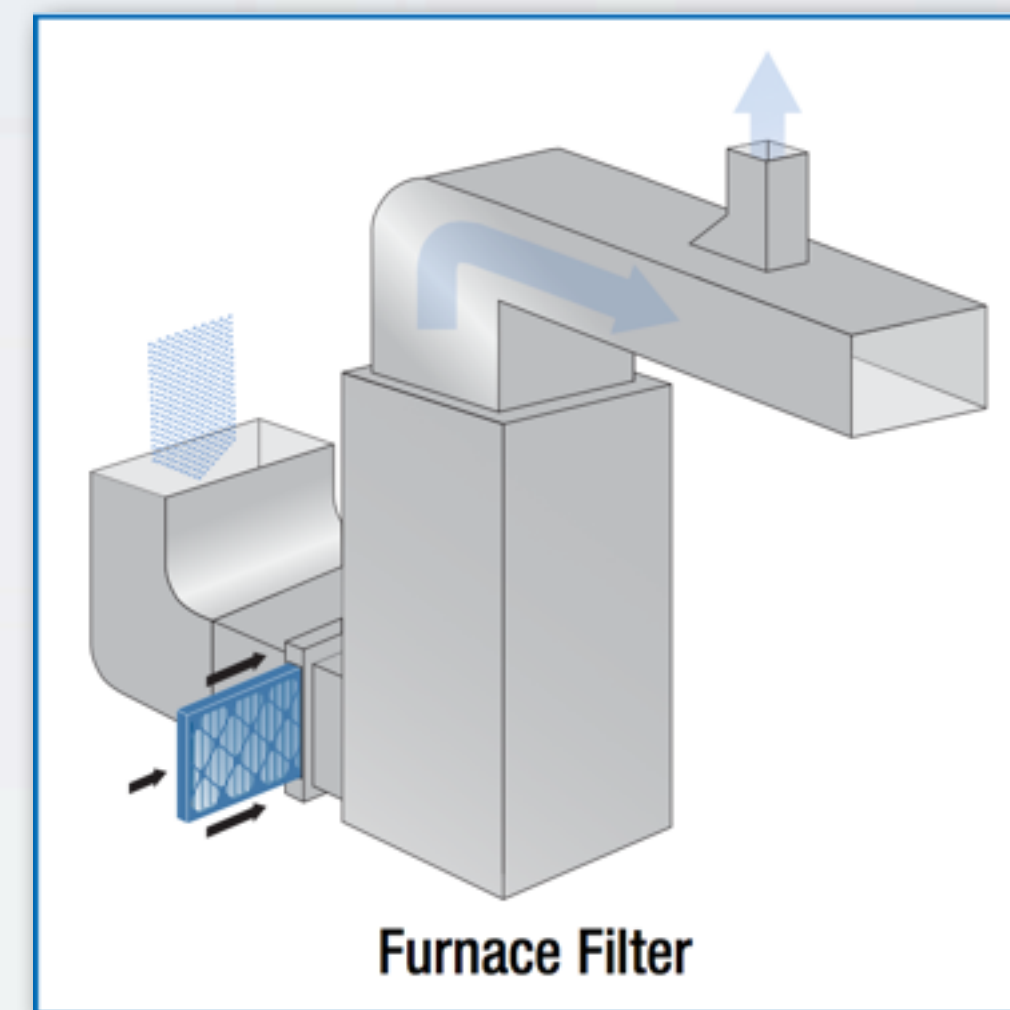
Appliance	Event	<i>N</i>	Mean emission rate ($\times 10^{12}$) (particles/min ¹)
Gas stove and toaster oven	Cooking	23	5.11
Gas clothes dryer	Drying clothes	6	4.40
Air popper	Popping corn	4	4.26
Electric toaster	Toasting	1	3.8
Match	Lighting candles	3	3.65
Spray cleaner	Housecleaning	6	2.60
Electric toaster oven	Cooking	54	2.11
Gas stove	Cooking	95	1.89
Electric stove	Cooking	21	1.25
Cigarette	Smoking	13	0.48
Electric mixer	Preparing food	5	0.57
Candles	Burning candles	10	0.56
Curling irons	Grooming	3	0.29
Steam iron	Ironing	6	0.24
Hair dryers	Grooming	8	0.23
Space heater	Heating	3	0.13
Hair straightener	Grooming	1	0.11
Laser printer	Printing 10 pages	3	0.06
Vacuums	Housecleaning	2	0.06
Fireplace	Fire lit	1	0.003

What to do?

Exhaust at the source



Remove by filtration



Filtration can be helpful

Intervention studies show improvements in health markers

Technical Summary



Table 4. Intervention Studies of Primarily Respiratory Health Outcomes in Homes With Subjects With Allergies or Asthma

Study	Breiter et al. (2003)	Francis et al. (2003)	Bernstein et al. (2006)	Suhar et al. (2006)
Subjects	44 adults with allergies and/or asthma	30 adults allergic to cats or dog allergen	19 mild-to-moderate asthmatic children, age 5 to 17 years	30 asthmatic children sensitive to pet allergen
Type of building	Homes (24 rural, 20 urban)	Homes with cats or dogs	Homes with central forced air HVAC systems	Homes with high cat or dog allergen levels in dust
Exposures focus	General particles, pollen	Pet allergen	Allergens in dust, bacterial, and fungal counts in air and dust	Pet allergen
First filter location, type, and CADR	Bedroom (outdoor air supply fresh air, no filter)	Bedroom (HEPA, unknown CADR)	In-duct central HVAC (KROONCOOL UVGI with HEPA pre-filter)	Bedroom (220 cfm)
Second filter location, type, and CADR	n/a	Living room (HEPA, unknown CADR)	n/a	Living room (220 cfm)
Gas-phase filtration	No	No	No	No
Intervention period	2 weeks	12 months	8 weeks	12 months
Reduction in exposures	Not reported	• 55 and substantial reductions in airborne cat and dog allergen in both groups • Reductions in intervention group not 55 relative to reductions in control group	• Small but not 55 reduction in mold and bacterial counts in indoor air with UVGI unit versus placebo • No 55 difference in allergens or molds in house dust samples	No 55 change in cat and dog allergen concentration in dust
Change in allergy and asthma symptoms	Subjects with seasonal allergy: • Nour (30%) ++ • Eyes (42%) ++ • Lung ++ Subjects with perennial allergy: • Nose ++ • Eyes ++ • Lung ++	n/a	First treatment period only: • Asthma symptoms ↓ • Asthma medication use ↓	Nasal ↓ Nocturnal ↓ Perceived quality of life score ++
Change in objective health outcomes	• Peak expiratory flow (PEF), a measure of how fast a person can exhale in morning ↓ (5%) • PEF in daytime ++	• Bronchial hyper-reactivity and/or asthma treatment requirements ↓ • Forced expiratory volume (FEV ₁), how much air a person can exhale during a breath ++ • Forced vital capacity (total amount of air exhaled during an FVC test) ++	Both treatment periods: • Peak expiratory flow (PEF) rate variability ↓ (1-2% mean, -55% median) • Non-55 trend toward improved bronchial hyper-responsiveness	• Forced expiratory volume (FEV ₁) ++ • Eosinophil cationic protein (inflammation marker) ++ • Non-55 trend toward improved bronchial hyper-responsiveness
Assessment of study strength	Strong (crossover, placebo, randomized order of exposure)	Moderate (random assignment to intervention vs. control group, no placebo)	Moderate (random assignment, placebo, crossover design), but small sample size	Strong (control group with placebo, random assignment to groups)
Author(s) main conclusion(s)	Recommends fresh air filtration systems in bedrooms.	"Small but significant improvement in combined asthma outcome."	"Central UV irradiation was effective at reducing airway hyper-responsiveness manifested as peak expiratory flow rate variability and some clinical symptoms."	"Although HEPA air cleaners retained airborne pet allergens, no effect on disease activity was observed."

**Table 4
Asthma**

Table 4 (continued). Intervention Studies of Primarily Respiratory Health Outcomes in Homes With Subjects With Allergies or Asthma

Study	Xu et al. (2010)*	Bute et al. (2011)	Langhear et al. (2011)	Park et al. (2017)*
Subjects	30 children with asthma	85 children with asthma*	215 children with asthma	16 children with asthma and/or allergic rhinitis
Type of building	Homes in New York state	Homes with smokers	Homes with smokers	Homes in California
Exposures focus	General particles and gases	Environmental tobacco smoke	Environmental tobacco smoke	General particles
First filter location, type, and CADR	Bedrooms (HEPA, 150 cfm, with -3 air changes per hour of outdoor air ventilation)	Bedroom (HEPA, 225 cfm)	Bedroom (HEPA, 220 cfm)	Living room (HEPA with activated carbon, -600 cfm)
Second filter location, type, and CADR	n/a	Living room (HEPA, 225 cfm)	Main activity room (HEPA, 220 cfm)	Bedroom (HEPA with activated carbon, -450 cfm)
Gas-phase filtration	No	Yes (activated carbon)	Yes (activated carbon and potassium permanganate media)	Yes (activated carbon)
Intervention period	6 weeks	6 months	12 months	12 weeks
Reduction in exposures	• 72% (PM _{2.5}) • 55% (TVOC)	• Intervention group: 55 19.9 and 8.7 µg/m ³ (55% and 45%) decreases in PM _{2.5} and PM ₁₀ , respectively versus control group • Control group: 3.5 and 2.4 µg/m ³ (9% and 14%) increases in PM _{2.5} and PM ₁₀ , respectively • No 55 changes in air nicotine or urine cotinine concentrations	• 55 25% reduction in particle counts >0.3 µm in intervention group relative to 0% reduction in control group • No 55 reductions in particle counts >5 µm or airborne nicotine	43% (PM _{2.5})
Change in allergy and asthma symptoms	n/a	• Symptom-free days ↑ (32%) • Slow activity days ++ • Nocturnal cough ++ • Wheeze ++ • Tight chest ++	• Asthma symptoms ++	• Asthma control test scores ↑ (-45%) • Nasal symptom scores ↓ (-30%)
Change in objective health outcomes	• Peak expiratory flow (PEF) ↑ • Exhaled breath nitric oxide concentration (pulmonary inflammation marker) ↓ • Exhaled breath condensate pH (pulmonary inflammation marker) ↑	n/a	• Unchecked asthma-related visits to a healthcare provider ↓ (25%) • Exhaled nitric oxide (inflammation indicator) ++ • Medication use ++	• Peak expiratory flow (PEF) ↑ (-100%)
Assessment of study strength	Weak (all participants received crossover intervention, with randomized different strongly, effect size is difficult to interpret)	Moderate (random assignment to intervention vs. control group, no placebo)	Strong (control group with placebo, random assignment to groups)	Weak (randomized control and intervention groups, small sample size of 8 homes per group, no placebo, no crossover)
Author(s) main conclusion(s)	"Air cleaning in combination with ventilation can effectively reduce symptoms for asthma sufferers."	Air cleaners reduce particles and symptom-free days but do not prevent exposure to secondhand smoke.	Air cleaners promising "as part of multi-faceted strategy to reduce asthma morbidity."	"Reducing indoor PM _{2.5} with air purifiers may be an effective means of improving clinical outcomes in patients with allergic diseases."

**Table 5
Cardiovascular
Functions
Inflammation**

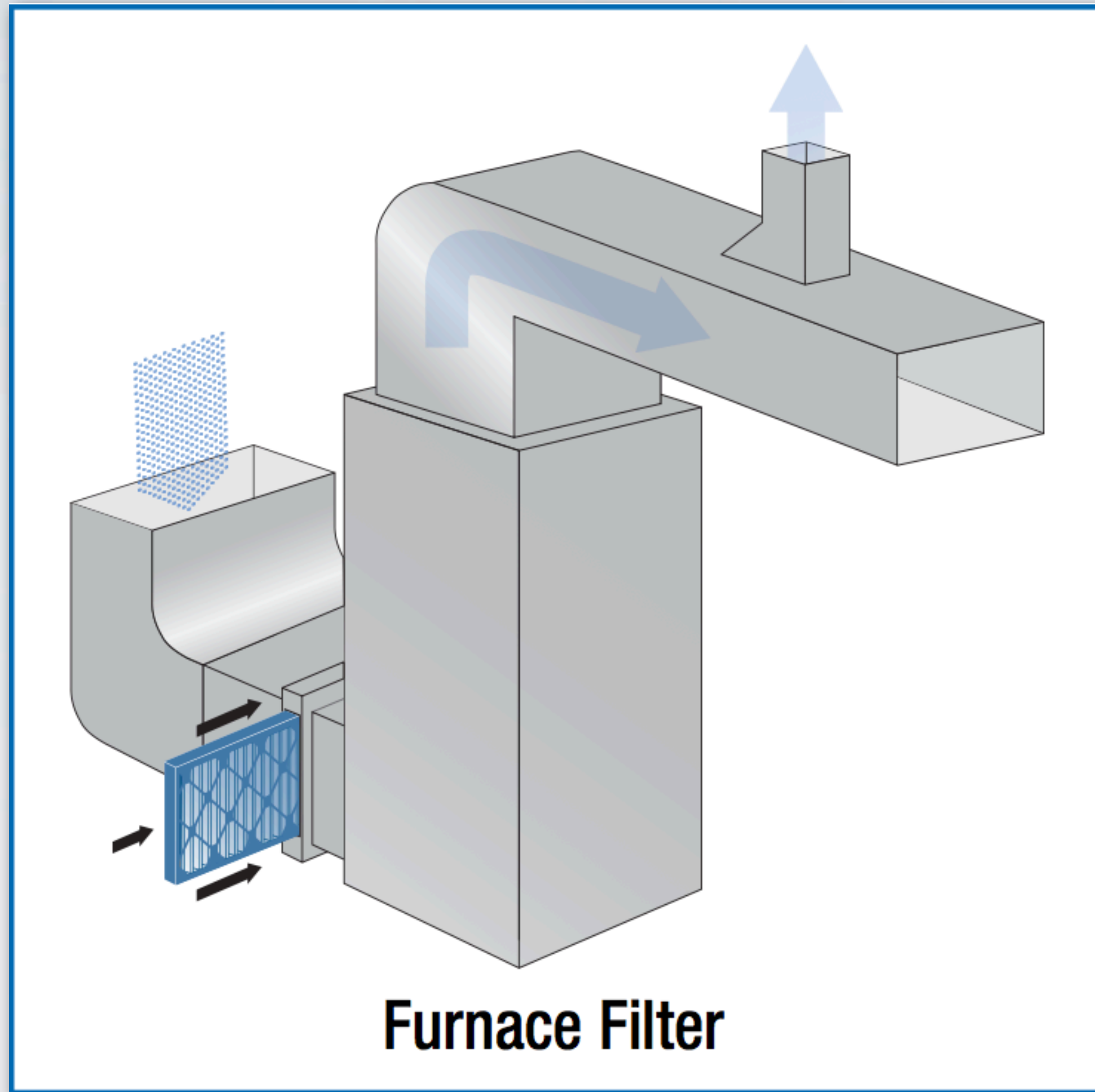
Table 5. Intervention Studies of Primarily Cardiovascular Health Outcomes in Homes Not Targeting Subjects With Allergies or Asthma

Study	Biduner et al. (2008)	Allen et al. (2011)	Lin et al. (2011)	Weichenthal et al. (2013)
Subjects	41 healthy non-smoking adults age 60-75	45 adults	60 healthy non-smoking young adults (students)	37 adults and children, 6 with asthma
Type of building	Urban homes within 350 m of a major road in Denmark	29 homes in a small city in Canada	Homes in Taiwan	First Nations homes in Canada, most with smoking
Exposures focus	General particles	Wood smoke	General particles	General particles, tobacco smoke
First filter location, type, and CADR	Bedroom (HEPA, -320 cfm)	Bedroom of each home (HEPA, 150 cfm)	Central HVAC filter (3M Fibrete)	Main living area (224 cfm)
Second filter location, type, and CADR	Living room (HEPA, -320 cfm)	Living room (HEPA, 300 cfm)	n/a	n/a
Gas-phase filtration	No	No	No	No
Intervention period	2 days	1 week	4 weeks	1 week
Exposure concentration without treatment	12.6 µg/m ³ (PM _{2.5} , geometric mean) 9.4 µg/m ³ (PM ₁₀ , geometric mean) 10,016 cm ³ (count 10-700 nm)	11.2 µg/m ³ (PM _{2.5} mean)	22.8 ± 12.2; 24.5 ± 13.0 µg/m ³ (PM _{2.5} mean)	49.0 µg/m ³ (PM _{2.5}) 42.5 µg/m ³ (PM ₁₀) 37.5 µg/m ³ (PM _{2.5})
Reduction in exposures	63% (PM _{2.5} , geometric mean) 51% (PM ₁₀ , geometric mean) 68% (count 10-700 nm)	60% PM _{2.5} 74% levoglucosan (wood smoke marker)	-20% reduction in PM _{2.5}	54% (PM _{2.5}) 61% (PM ₁₀) 62% (PM _{2.5})
Change in objective health outcomes	Microvascular function (coronary event predictor) ↓ (8%) Hemoglobin ↓ (1%) Inflammation biomarker ++ Biomarker of coagulation ++	Reactive hyperemia index (coronary event predictor) ↓ (9%) C-reactive protein (inflammation marker) ↓ (33%) Oxidative stress ++	Systolic blood pressure ↓ (11%) Diastolic blood pressure ↓ (7%) Heart rate ↓ (7%)	Systolic blood pressure ↓ (7%) Diastolic blood pressure ↓ (6%) Forced expiratory flow (FEF) ↓ (6%) Forced vital capacity ++ Peak expiratory flow ↓ (8%) Reactive hyperemia index (coronary event predictor) ++
Assessment of study strength	Strong (blinded, placebo-controlled intervention, within-subject, randomized order of exposure)	Strong (crossover, placebo, randomized order of exposure)	Weak (intervention periods always followed period without intervention)	Strong (randomized double blind crossover with placebo)
Author(s) main conclusion(s)	Filtration of recirculated air may be a feasible way of reducing the risk of cardiovascular disease.	Predictors of cardiovascular morbidity can be favorably influenced by reducing particles with air cleaners.	Air filtration can reduce indoor PM concentrations and modify the effect of PM _{2.5} on blood pressure and heart rate in a healthy, young population.	Reducing indoor PM may contribute to improved lung function in First Nations communities.

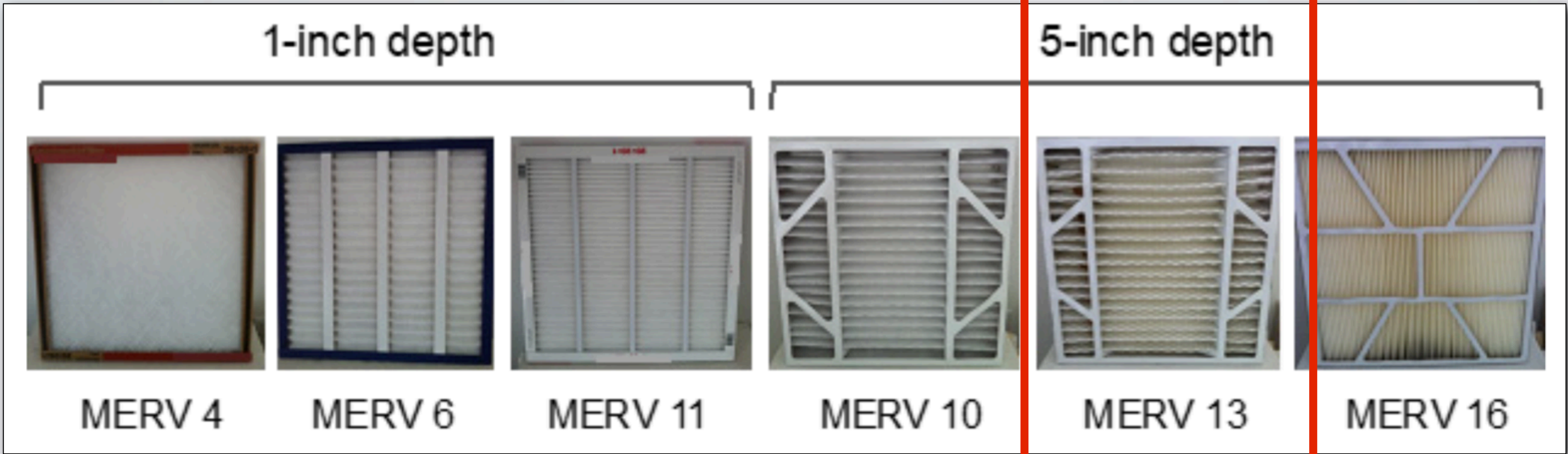
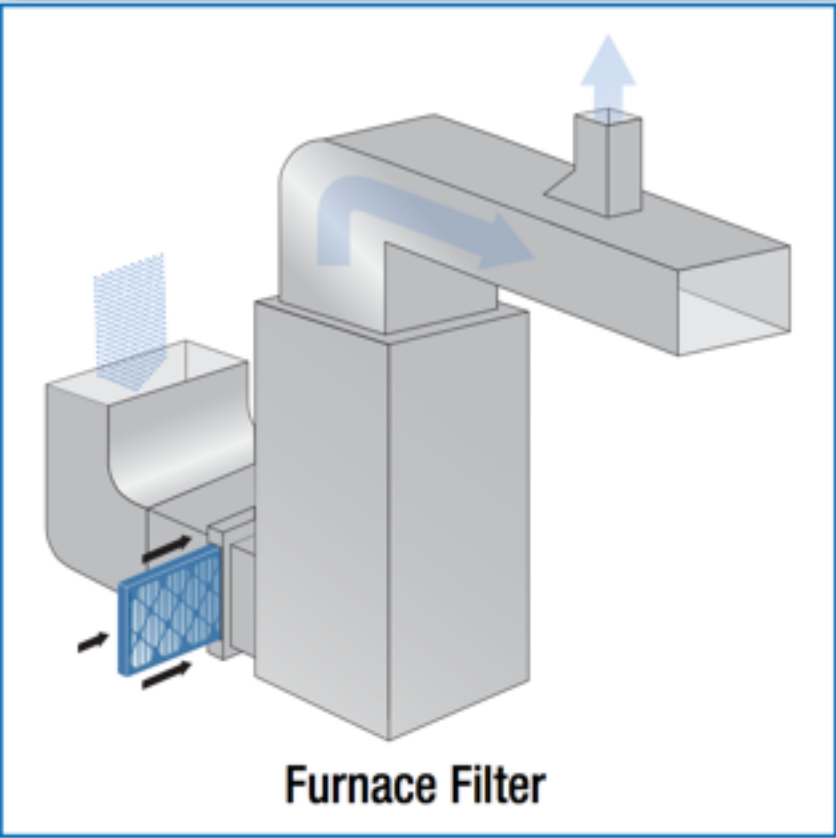
Table 5 (continued). Intervention Studies of Primarily Cardiovascular Health Outcomes in Homes Not Targeting Subjects With Allergies or Asthma

Study	Karickhoff et al. (2013)*	Chen et al. (2013)*	Kajfarzadeh et al. (2013)*	Padri-Martinez et al. (2013)*
Subjects	48 elderly nonsmoking adults	35 healthy university students	83 healthy adults	20 non-smoking adults
Type of building	27 homes in Denmark	Dormitories in Shanghai, China	Homes in Vancouver, British Columbia, Canada	Public housing units within 200 m of major interstate in Somerville, Massachusetts
Exposures focus	General particles	Indoor particles of outdoor origin	Traffic and woodsmoke particles	Traffic-related and general indoor particles
First filter location, type, and CADR	Living room (HEPA, unknown CADR)	Center of the room (Fibrete, 141, 116, and 97 cfm for pollen, dust, and smoke)	Living room (HEPA, 300 cfm for smoke)	Window mounted in living rooms (MERV 11, 170 cfm with outdoor air ventilation)
Second filter location, type, and CADR	Bedroom (HEPA, unknown CADR)	n/a	Bedroom (HEPA, 150 cfm for smoke)	n/a
Gas-phase filtration	No	No	No	No
Intervention period	2 weeks	2 days	1 week	3 weeks
Exposure concentration without treatment	8 µg/m ³ (PM _{2.5} , median) 7,669 cm ³ (count)	96.2 µg/m ³ (PM _{2.5} mean)	7.1 µg/m ³ (PM _{2.5} mean)	11,660 cm ³ (count, mean of medians)
Reduction in exposures	-50% (PM _{2.5}) -30% (10-300 nm particle number)	57% (PM _{2.5})	40% (PM _{2.5})	47% (7 nm to 3 µm number concentrations, or PNC)
Change in objective health outcomes	Microvascular function ↑ ++ Lung function ++ Biomarkers of systemic inflammation ++	Circulatory inflammatory markers: • Monocyte chemoattractant protein-1 ↓ (18%) • Interleukin-1β ↓ (58%) • Myeloperoxidase ↓ (33%) Circulatory coagulation markers: • Soluble CD40 ligand ↓ (65%) Systolic blood pressure ↓ (3%) Diastolic blood pressure ↓ (5%) Fractional exhaled nitric oxide ↓ (17%) Several other biomarkers of inflammation, coagulation, vasoconstriction or lung function ++	Biomarkers of systemic inflammation: • C reactive protein ↓ • Interleukin-6 ++ • Band cells ++	Biomarkers of systemic inflammation and coagulation: • Interleukin-6 0L-6L ↓ • C reactive protein ++ • Tumor necrosis factor alpha-receptor II (TNF-RII) ++ • Fibrinogen ++ Systolic blood pressure ++ Diastolic blood pressure ++
Assessment of study strength	Strong (randomized, double-blind, crossover intervention)	Strong (randomized, double-blind crossover with placebo)	Strong (randomized, single-blind crossover with placebo)	Moderate (randomized, double-blind crossover with placebo, small sample sizes)
Author(s) main conclusion(s)	"Substantial exposure contrasts in the bedroom" observed.	The study "demonstrated clear cardiopulmonary benefits of indoor air purification among young, healthy adults in a Chinese city with severe ambient particulate air pollution."	The "association between C-reactive protein and indoor PM _{2.5} among healthy adults in traffic-impacted areas is consistent with the hypothesis that traffic-related particles (even at low concentrations) play an important role in the cardiovascular effects of the urban PM mixture."	"HEPA filtration remains a promising, but not fully realized intervention." Associations between decreased PNC and increased IL-6 could be due to confounding factors, interference with anti-inflammatory medication use, or exposure misclassification due to time-activity patterns.

Air Cleaner Alternatives - Central systems + Portables

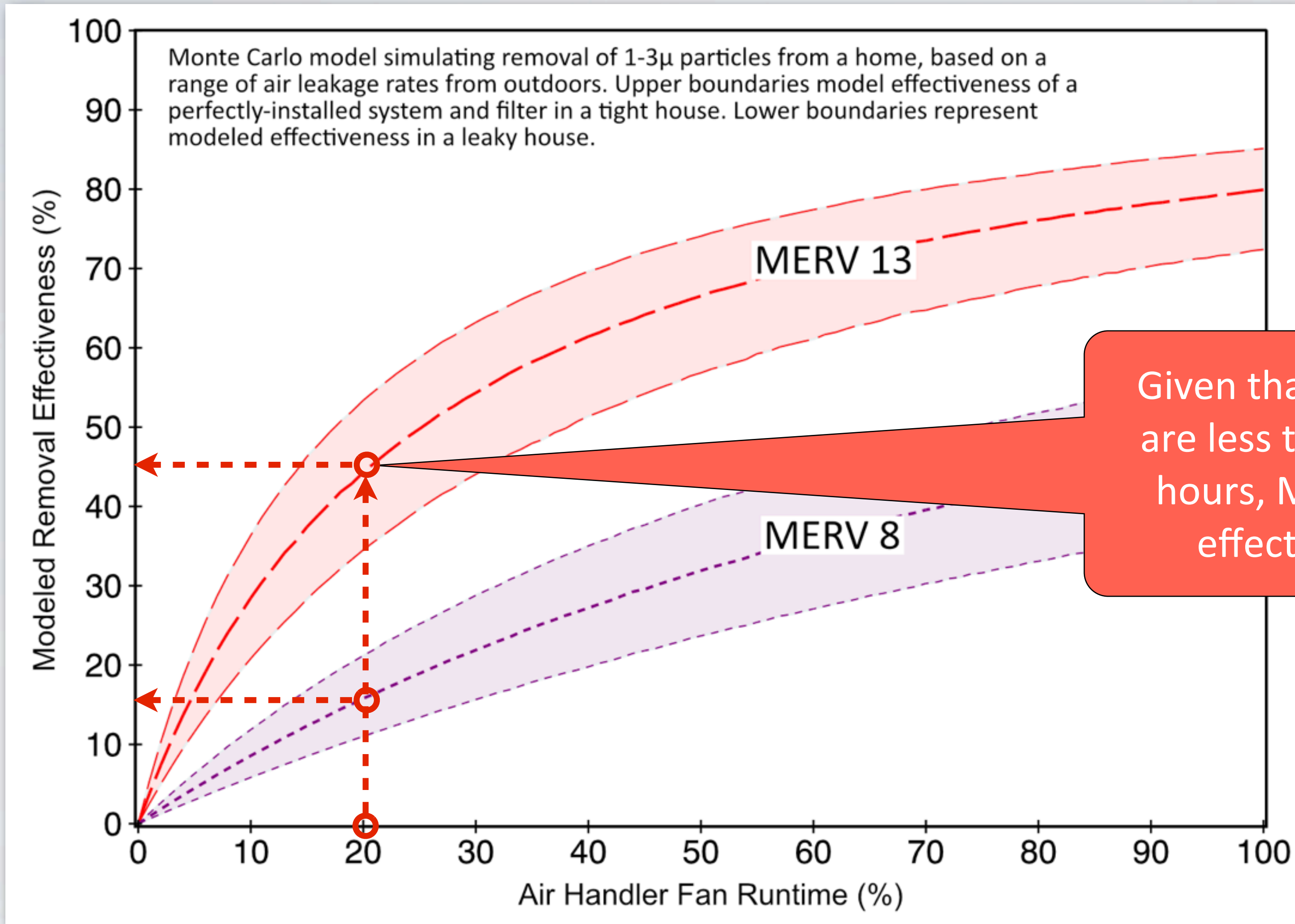


Central system air filters: EPA Recommends **MERV 13**



Central filtration could reduce indoor PM_{2.5}...

BUT... furnaces and AC systems don't run much!



Given that typical run-times are less than 20% of annual hours, MERV 13 is a more effective filter choice

Model, analysis and graph courtesy of Marianne Touchie and Jeff Siegel - U. Toronto

Indoor airPLUS

Comprehensive specifics + branded certainty for builders

February 2018
www.epa.gov/indoorairplus

Indoor Air Quality (IAQ)

Contents

- About the Indoor airPLUS Construction Specifications
- What's New in Version 1 (Rev. 04)?
- Eligibility and Verification Requirements
- Terms Used in This Document
- Indoor airPLUS Verification Checklist
- Guidance for Completing the Indoor airPLUS Construction Specifications
- 1. Moisture Control
- 2. Radon Control
- 3. Pest Barriers
- 4. HVAC Systems
- 5. Combustion Pollutant Control
- 6. Low Emission Materials
- 7. Home Commissioning
- Abbreviations
- References
- Climate Zones Map

Indoor airPLUS Version 1 (Rev. 04) Verification Checklist

Home Address: _____ City: _____ State: _____ Zip: _____

Climate Zone (1-6): _____ Radon Zone (1-3): _____

Section	Requirements (Refer to full Indoor airPLUS Construction Specifications for details)	Must Correct	Builder Verified	Rater Verified	N/A
ENERGY STAR V3	Note: The Rev. 04 checklist reflects only the additional Indoor airPLUS requirements and their corresponding section numbers that must be met after completing the ENERGY STAR requirements. ENERGY STAR remains a prerequisite for Indoor airPLUS qualification. ENERGY STAR Version 3 (or 3.1, 3.2) Program Requirements must be followed and the home shall be ENERGY STAR certified in conjunction with Indoor airPLUS qualification.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Moisture Control	1.1 Drain or sump pump installed in basements and crawlspaces. In EPA Radon Zone 1, check valve also installed. Exception Applied: <input type="checkbox"/> Slab-on-grade foundation <input type="checkbox"/> Free-draining soils	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1.2 Layer of aggregate or sand (4 in.) with geotextile matting installed below slabs AND radon techniques used in EPA Radon Zone 1. Exception Applied: <input type="checkbox"/> Slab-on-grade foundation <input type="checkbox"/> Free-draining soils <input type="checkbox"/> Dry climate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1.4 Basements/crawlspaces insulated, sealed and conditioned. Exception Applied: <input type="checkbox"/> 100-year flood zone <input type="checkbox"/> Marine climate <input type="checkbox"/> Dry climate <input type="checkbox"/> Crawlspace sealed with capillary break and active dehumidification <input type="checkbox"/> Raised pier foundation with no walls	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1.7 Protection from water splash damage if no gutters. Exception Applied: <input type="checkbox"/> Rainwater harvesting system <input type="checkbox"/> Dry climates	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1.11 Supply piping in exterior walls insulated with pipe wrap. Exception Applied: <input type="checkbox"/> Dry climate AND climate zone 1-3 <input type="checkbox"/> Air barrier insulation in wall cavity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1.14 Hard-surface flooring in kitchens, baths, entry, laundry, and utility rooms.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Radon	2.1 Radon-resistant features installed in Radon Zone 1 homes in accordance with Construction Specification 2.1. Exception Applied: <input type="checkbox"/> Perimeter pipe loop in lieu of full aggregate (dry climate) <input type="checkbox"/> Manufactured home with raised pier foundation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pests	3.2 Corrosion-proof rodent/bird screens installed at all openings that cannot be fully sealed. (Not required for clothes dryer vents.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
HVAC Systems	4.1 Equipment selected to keep relative humidity < 60% in "Warm-Humid" climates. Exception Applied: <input type="checkbox"/> Climate zones 4-8, 3B, 3C and portions of 3A and 2B	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	4.2 Duct systems protected from construction debris AND no building cavities used as air supplies or returns.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	4.3 No air-handling equipment or ductwork installed in garage.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	4.6 Clothes dryers vented to the outdoors or plumbed to a drain according to manufacturer's instructions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Combustion Pollutants	4.7 Central forced-air HVAC system(s) have minimum MERV 8 filter AND no ozone generators in home. Temporary filter installed to protect unit from construction dust.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	5.1 Emissions standards met for fuel-burning and space-heating appliances. Identify appliance type: <input type="checkbox"/> Masonry heater <input type="checkbox"/> Factory-built wood-burning fireplace <input type="checkbox"/> Wood stove <input type="checkbox"/> Pellet stove <input type="checkbox"/> Natural gas/propane fireplace Appliance model name/number: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	5.2 CO alarms installed in each sleeping zone (e.g., common hallway) according to NFPA 720.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	5.3 Multifamily buildings: Smoking restrictions implemented AND ETS transfer pathways minimized.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Attached garages	5.4 Attached garages: Door closer installed on all connecting doors.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Attached garages: In homes with exhaust-only whole-house ventilation EITHER <input type="checkbox"/> 70 cfm exhaust fan installed in garage OR <input type="checkbox"/> Pressure test conducted to verify the effectiveness of the garage-to-house air barrier.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Indoor airPLUS Version 1 (Rev. 04) Construction Specifications (February 2018) 3

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2018 EPA Guide to Air Cleaners in the Home
EEBA - San Diego 2018

Indoor airPLUS - Air cleaning requirement

... **installation** matters!

4.5 Mechanical Whole-Dwelling Ventilation

NOTE: Completion of the ENERGY STAR requirements satisfies the following Indoor airPLUS requirements:

- ✓ Provide mechanical whole-dwelling ventilation meeting all requirements of ASHRAE 62.2-2010 or later (HVAC-D 2).
- ✓ Test airflows to ensure they meet ASHRAE 62.2-2010 or later minimum requirements (Rater-F 7.1).

Whole-house ventilation (ASHRAE 62.2-2010)

Installation matters... MUST really measure airflows!

Install only HVAC filters that are rated MERV 8 or higher according to ASHRAE 52.2-2007 (at approximately 295 fpm).

MERV 8 (minimum)

Advisory: EPA recommends, but does not require, filters rated at MERV 13 or higher to reduce exposure to fine particles. Filters perform best when the filter rack design includes the following features, which are also included in some manufacturers' filter media boxes:

MERV 13 (recommended)

- Flexible, air-tight (e.g., closed-cell foam) gasket material on the surface that contacts the air-leaving (downstream) side of the filter.
- Friction fit or spring clips installed on the upstream side of the filter to hold it firmly in place.

Air-tight filter rack (recommended)

Portable Air Cleaners: EPA Recommends **High CADR**



Intervention Studies Showing Effective Indoor PM_{2.5} Reduction

Central Filtration

Heroux et al 2010
Singer et al, 2016

Portable HEPA

Allen et al, 2011
Barn et al, 2008
Bruner et al, 2008
Butz et al, 2011
Chen at al, 2015
Cui et al, 2018
Kajbafazadeh et al, 2015
Karottki et al, 2013
Park et al, 2017
Shao et al, 2017
Weichenthal et al, 2013
Xu et al, 2010

CADR: Clean Air Delivery Rate - The AHAM certification



0.09 - 1.0 μm

0.5- 3.0 μm

5.0 - 11.0 μm

Size of the room from which 80% of initial concentration 24,000 to 36,000 particles/cc of smoke particles (0.09 to 1.0 μm) will be removed (per hour), provided that...

- a. Ceilings are 8ft or lower
- b. Unit operates continuously
- c. Less than one (1) ach air exchange with other rooms
- d. No air exchange with outdoors
- e. No particle generation in the space

"AHAM 2/3 rule"

Select a portable air cleaner that has a smoke CADR (cfm) $\geq 2/3$ of the floor area (ft²)

450 ft²

$$450 \text{ ft}^2 \times 0.66 = 297$$

OK

AHAM VERIFIDE Independently Tested. Consumer Trusted.

AIR CLEANER SUGGESTED CLOSED ROOM SIZE
450 SQUARE FEET

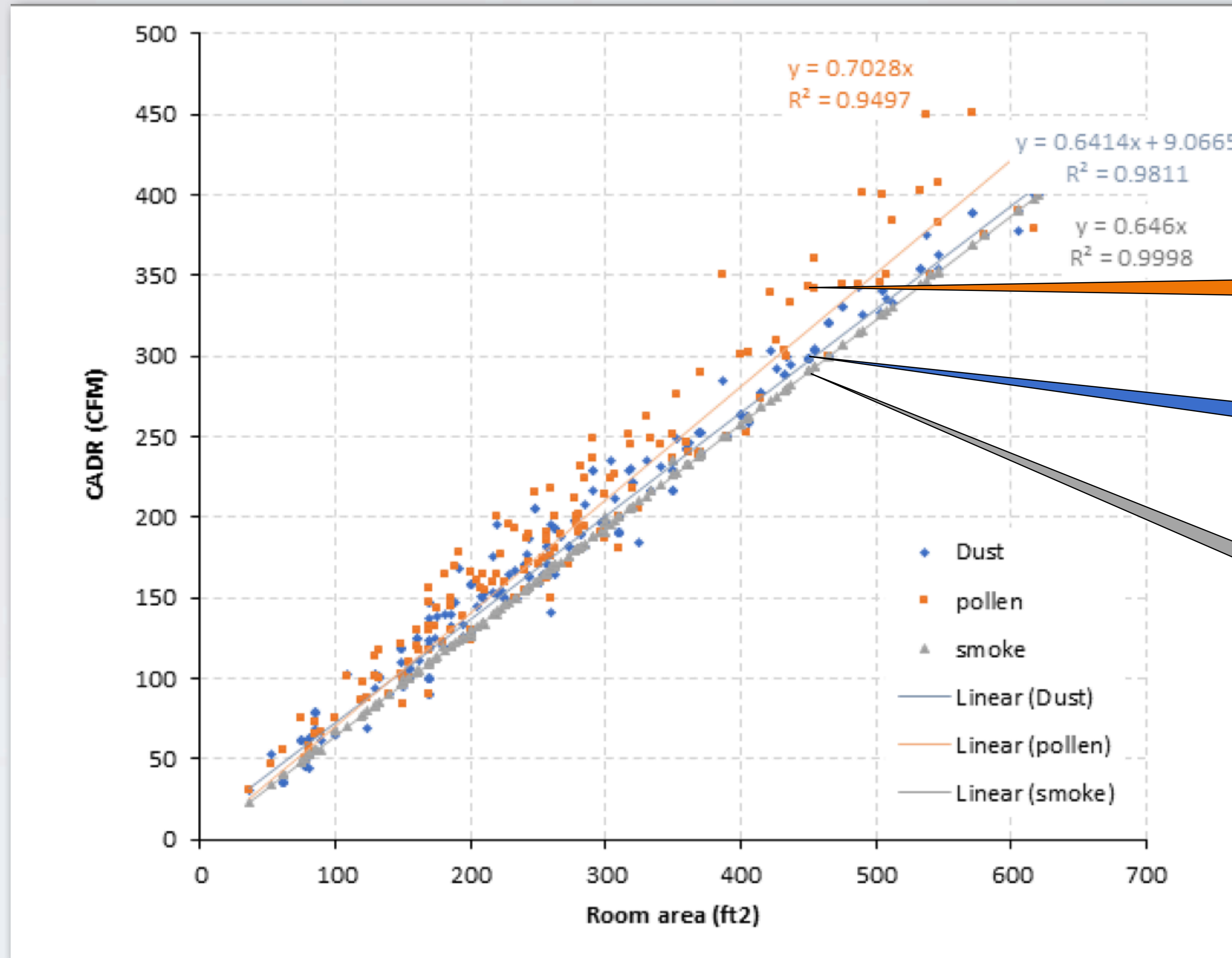
CLEAN AIR DELIVERY RATE TESTED
The higher the CADR numbers, the faster the units clean the air

TOBACCO SMOKE	DUST	POLLEN
298	>291	>343

Portable air cleaners are most effective in rooms where all doors and windows are closed.

www.ahamverifide.org

Analysis of AHAM air cleaner certification measurements confirm that (almost always) When smoke CADR is OK... CADR's for others are even better



Pollen CADR
345 cfm

Dust CADR
300 cfm

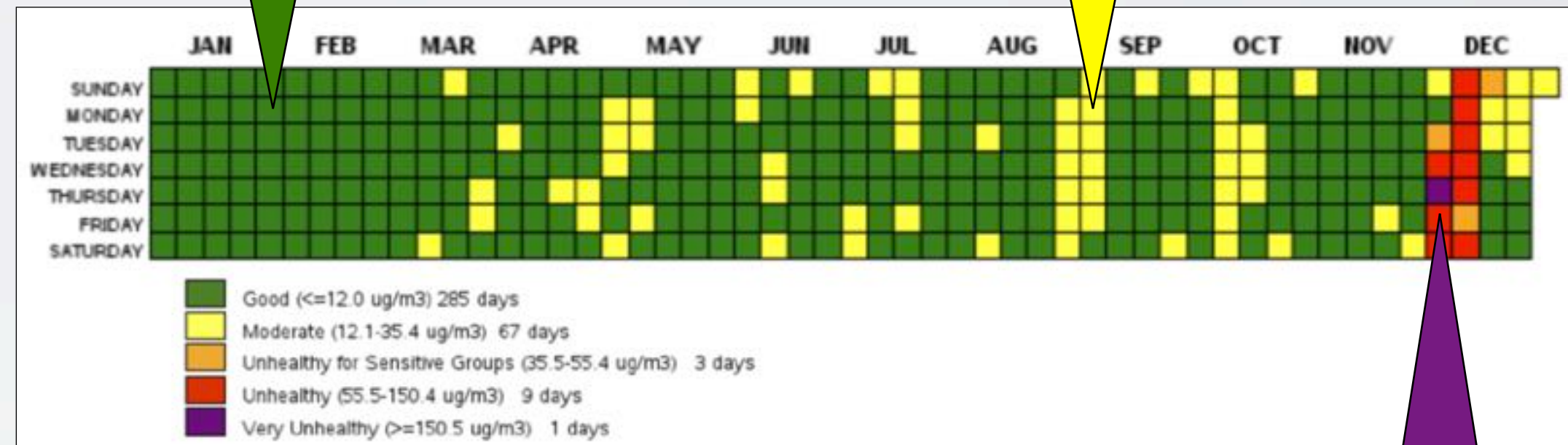
Smoke CADR
295 cfm

Portables can provide useful **mitigation of wildfire PM_{2.5}**



Less than 12 $\mu\text{m}/\text{m}^3$

12 - 35 $\mu\text{m}/\text{m}^3$



PM_{2.5} concentration - Santa Barbara, CA - 2017

Source: EPA

(Google search: "EPA Outdoor Air Quality Data")

More than 150 $\mu\text{m}/\text{m}^3$

Portables can provide improvements for homes with ductless min-splits and VRF equipment



Generally speaking...

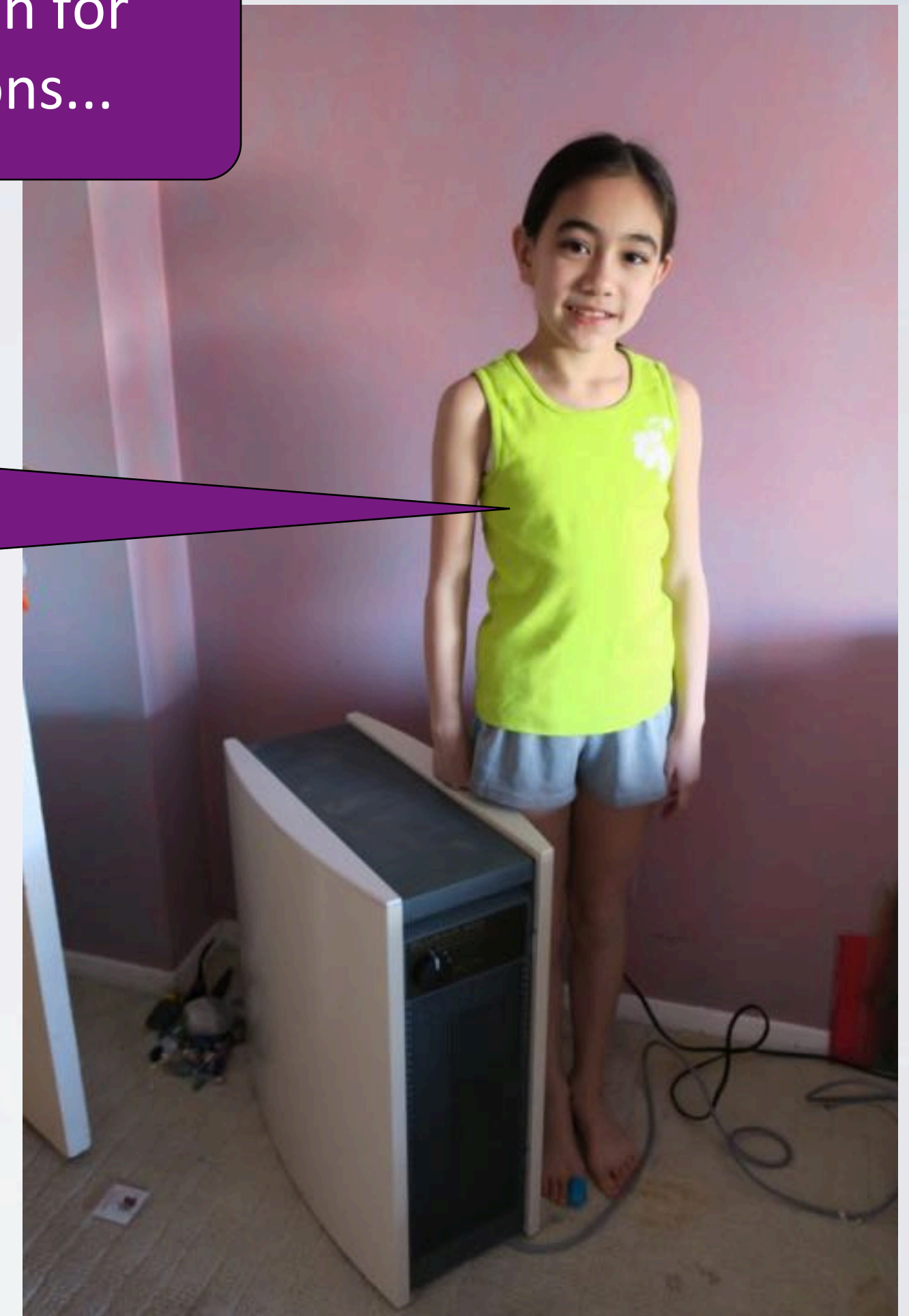
- Minisplit filters protect equipment, but are not usually rated for PM_{2.5} removal
- Efficient houses may not need much cooling/heating air flow (**less air flow = less air filtration**)

Bedroom (sleeping) represents many hours of exposure



Portables can provide economical protection for vulnerable populations...

...especially for children who live next to sources of PM_{2.5} like highways and farms

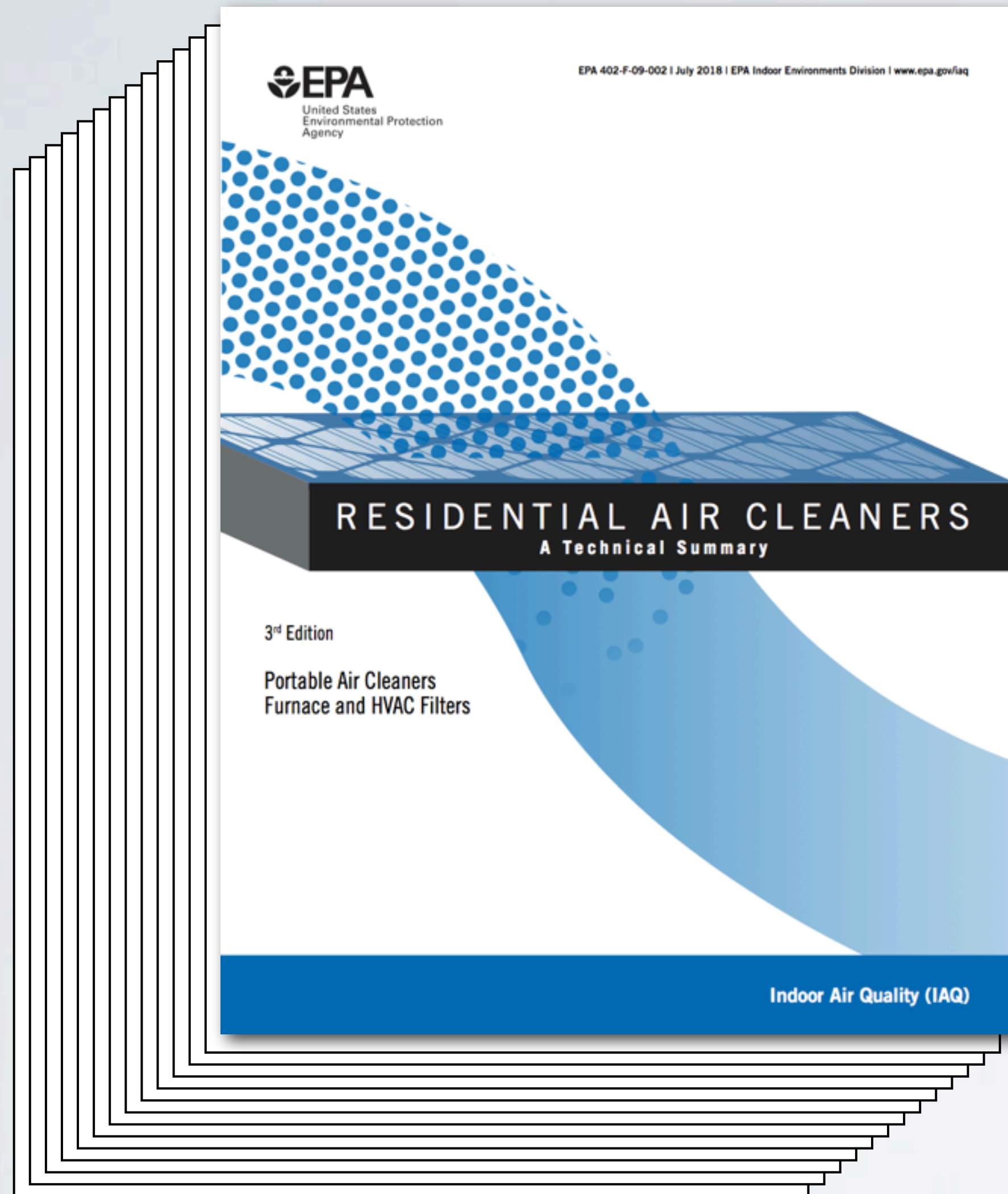


Summary

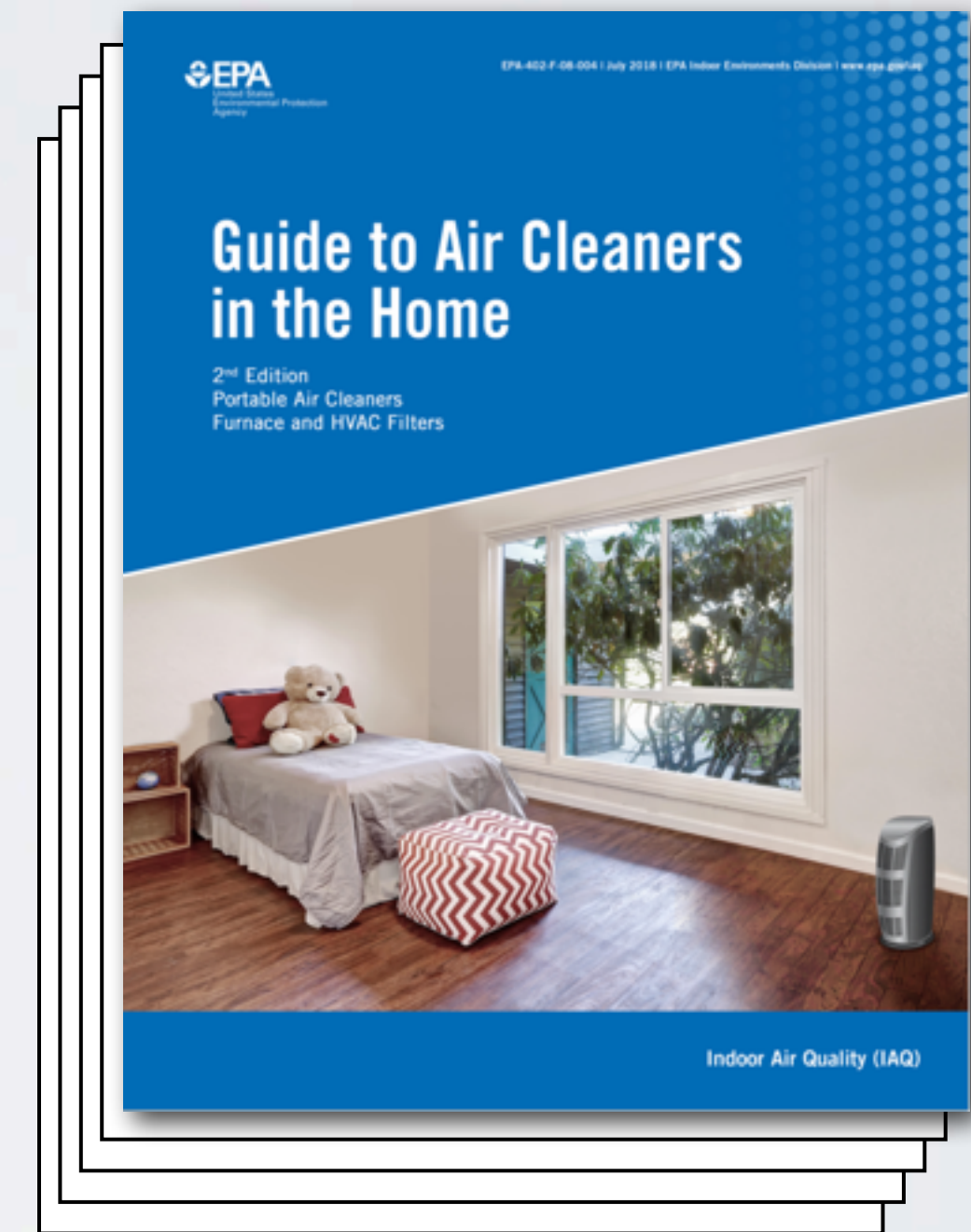
Technically-robust guidance is available for builders and consumers

Technical summary (74 pages)

Search: "Residential Air Cleaners: A Technical Summary"



2018 EPA Guide to Air Cleaners in the Home
EEBA - San Diego 2018



Consumer guide (8 pages)

Search: "Guide to air cleaners in the home: 2nd Edition 2018"